

## OPEN CALL FOR ARTICLES

The special issue of spring 2020 in JASED – Journal for Research in Arts and Sports Education

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### **Physical activity, body and movement in kindergarten**

DEADLINE TO SUBMIT FINISHED DRAFT OF ARTICLE IS THE 10. DECEMBER 2019

Editors: *Olav B. Lysklett and Kathrine Bjørgen*

#### **Target**

The target group is researcher in the field of kindergarten with focus on physical activity, body and movement. The theme issues focuses on different perspectives of physical activity in kindergarten.

#### **Background**

In today`s society, there is a growing concern for physical inactivity and increased sedentary behavior among children and adolescents. For this reason, the interest and focus in the knowledge of children`s physical activity, body and movement is important.

The Nordic kindergarten model have great emphasis on ensuring that the children are physical active, both inside and outside the kindergarten. The kindergarten should facilitate possibilities for all the children to experience joy of movement, mental and social wellbeing, in a way that lay foundation and basis for the children`s physical and mental health.

The children should be included in a variety of activities where they can be in movement, play and social interactions, and experience motivation and coping on their own terms. The kindergarten should help the children to become familiar with their own bodies, physical activity, nutritious food and health promoting lifestyle, and develop awareness of their own and other`s boundaries. Good habits acquired in kindergarten, can last a lifetime.

There is an increased need for knowledge about how adults can be active and present, support and challenge the children for varied physical play activities and recognize the child`s mastery. There is a need for increased knowledge of how physical activity, body and movement contribute to the students' knowledge and skills to facilitate children to be able to move and experience motivation and coping based on their own prerequisites in kindergarten.

Today there is a growing interest in Kindergarten research in the Nordic region, as well as in the rest of the world. This theme number is an offer for master's and PhD students, researchers and teacher educators in the field of physical activity, body and movement in Norway and the Nordic countries. Articles in the theme number are desirable by different authors who write

from different positions, different approaches and with different themes within physical activity in kindergarten.

Research of the following topics are of interests:

1. Physical / psychosocial environment as important factors for children's physical activity
2. The importance of the staff / adults on children's movement
3. Children's physical activity in kindergarten and children's bodily/ physical and motor development and learning
4. Research on physical activity, body and movement in kindergarten teacher education

For guidelines and publication fee: See <https://jased.net/index.php/jased>

### **Schedule**

10.12.2019: Deadline for submitting first draft of article, for editorial and peer review.

01.02.2020: Deadline for response from peer review

01.04.2020: Deadline for submission of final draft

20.05.2020: Scheduled publication

All articles should be written in one of the Scandinavian languages or in English.

We look forward to exciting article suggestions.

Sincerely

Olav B. Lysklett and Kathrine Bjørgen